

THE FRIENDS OF ST LUKE'S

2013/14 NEWSLETTER

Supporting St Luke's
Radiation Oncology Network



THE
FRIENDS OF
ST LUKE'S
Cancer Care

www.friendsofstlukes.ie

THE PROFESSOR HOLLYWOOD MEMORIAL CUP



SAINT LUKE'S
HOSPITAL



ST. JAMES'S
HOSPITAL



CHARITY GAA MATCH

In Aid of St. Luke's & St. James's Hospitals



O'Moore Park, Laois
May 2014

TEAMS WILL BE MADE UP OF PLAYERS WHO
HAVE RECEIVED TREATMENT FOR CANCER



We are currently recruiting players. Are you eligible to play or do you know someone who is?

Get in touch with us.....



charitygaamatch

Email: charitymatchmay2014@gmail.com



@GAAMatch



Message from the Friends of St Luke's Chairperson, **Ms Aideen Goggin**



Dear Friends,
I am delighted to have the opportunity to write my first message to you since becoming Chairperson in March 2013. It has been another very busy year as evidenced by the many action packed events you see throughout this newsletter.

In May, we welcomed the Minister for Health, Dr Reilly to open the National Stereotactic Radiosurgery Service at St Luke's Radiation Oncology Centre at Beaumont Hospital. This state of the art project, funded by the Friends, has greatly improved patient comfort and treatment times and gives patients access to world leading cancer treatment here in Ireland.

It was a great pleasure to meet many volunteers and supporters at the annual Bluebell Garden Open Day in Rathgar in May. The bluebell is now the symbol of the Friends of St Luke's and the bluebell garden was looking at its best in the glorious sunshine. All enjoyed the beautiful gardens and the entertainment provided by local musicians and entertainers and many used the opportunity to purchase a virtual bluebell! This is continuing to provide a successful way of raising funds through our website (www.bluebellgarden.ie).

The Friends have received some wonderful publicity this year with Celebrity Apprentice in which we have had the generous support of TV presenter and model Daniella Moyses. Next year, a charity gaelic football match will be held in Portlaoise featuring Managers, Brian Cody and Mick O'Dwyer, who will lead St Luke's and St James' teams onto the pitch for what promises to be a most entertaining contest.

One of the next projects, which the Friends are delighted to support, will be the purchase of VMAT technology for St Luke's Radiation Oncology Centre in Rathgar. This technology will update the radiotherapy machines in Rathgar to the same standard as those in use in the centres at Beaumont and St James's and will

greatly improve patient treatment times and importantly patient comfort in this centre.

On a sad note, since the last newsletter, we have lost a number of friends and colleagues closely associated with the work of the Friends. Two days before Christmas our hardworking former Appeals Director, Eoghan Doherty passed away and in April we lost our dear friend and long-serving Board member Reggie Redmond. Then in May, we were deeply saddened by the untimely death of Professor Donal Hollywood, one of the country's leading oncologists and a close supporter of St Lukes. Ar dheis Dé go raibh a n-anamacha.

It has been a privilege to witness the hard work and dedication of the volunteers and fundraisers nationwide, whose immense effort has made possible not only our high profile projects during the year but also the countless other projects aimed directly at improving day to day patient comfort within the St Luke's Radiation Oncology Network at our centres in Rathgar, Beaumont and St James's Hospitals. The ability to support these projects should be a great source of pride for our volunteers and it is this dedication to the human side of patient care, which defines the Friends of St Luke's as a charity.

I want to say a heartfelt and sincere thank you to you all for continuing to support the Friends and for digging deeper into increasingly stretched pockets and helping in any small way to continue the work of the Friends and our shared mission.

AIDEEN GOGGIN *Chairperson*

The Friends of St Luke's Board members – Chairperson: Aideen Goggin, Secretary: Thelma Murphy, Hon Treasurer: Katharine Byrne, Council: Eamon Allen, Orla Benson, Peter Byers, Keith Cairns, Paul Carroll, Louise Church, Marion Egan, Eileen Maher, Prof Brendan McClean, Dr Gerard McVey, David O'Halloran, Eoin O'Malley.



Eoghan Doherty RIP



Reggie Redmond RIP



Prof Donal Hollywood RIP

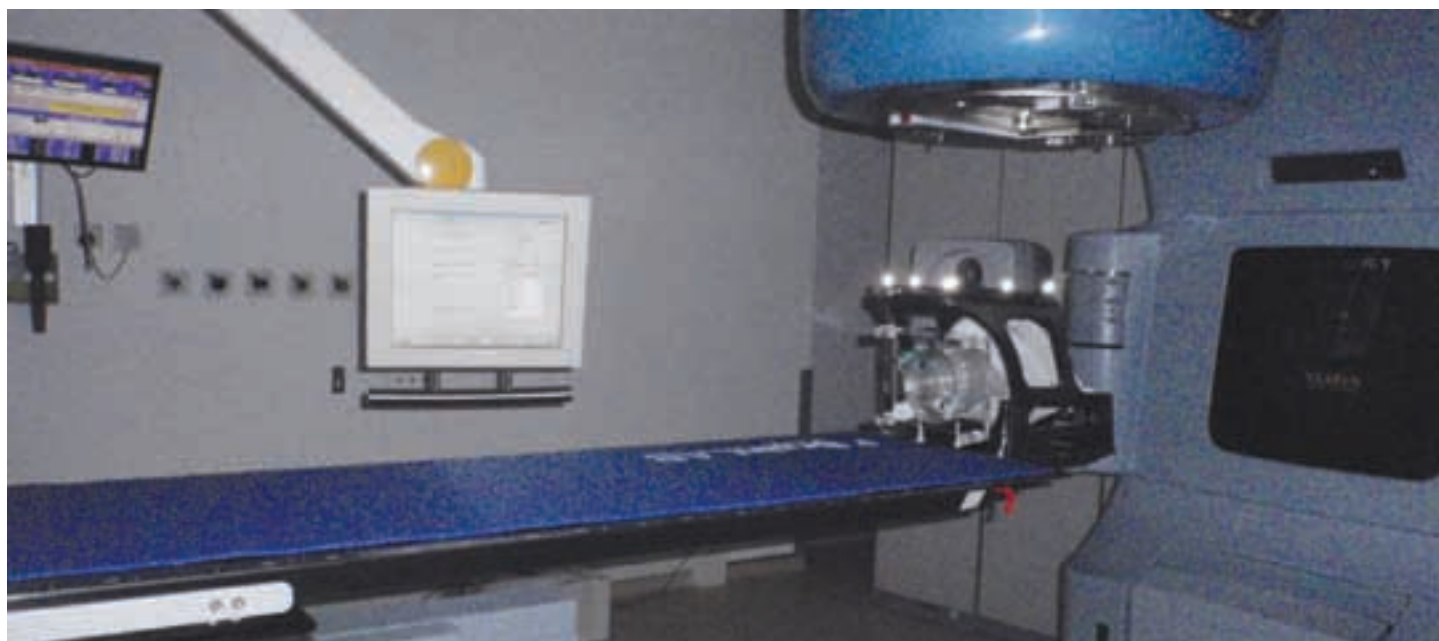


Opening of the New Stereotactic Radiosurgery Unit

By Minister for Health, Dr James Reilly
2nd May 2013



Stereotactic Radiosurgery now available in The St Luke's Centre @ Beaumont Hospital



Dr David Fitzpatrick
*Consultant Radiation
Oncologist,
St Lukes Hospital,
Rathgar, Dublin 6 and
St Lukes Radiation
Oncology Centre,
Beaumont Hospital,
Dublin 9.*



Mr Mohsen Javadpour.
*Consultant
Neurosurgeon,
Beaumont Hospital,
Dublin 9.*

For the first time in Ireland, because of the generous funding provided by the Friends of St Lukes, all cancer patients can receive, when medically indicated, the very latest in Stereotactic Radiosurgery treatment, due to the installation of the Novalis Radiosurgery Unit at St Luke's Radiation Oncology Centre at Beaumont Hospital, Dublin.

Stereotactic Radiosurgery is used to treat small cancers using high dose radiotherapy with non-invasive high precision radiation beams, delivered in one or up to 5 sessions, to destroy or shrink tumours that could otherwise be inaccessible to normal open surgery. The accuracy of the new unit is approximately 1mm.

Stereotactic Radiosurgery makes it possible for doctors to treat patients with tumours virtually anywhere in the body. Combining a 'sat nav' like targeting system and powerful treatment beams, it can destroy cancerous cells and reduces the chances of damage to surrounding healthy tissue. Treatment is also made more patient-friendly by delivering frameless stereotactic radiosurgery for brain tumours using a plastic mask to immobilize the patient's head rather than the older technique that required immobilisation of the head with a metal head ring (known as a halo ring) fixed to the skull with screws and applied under local anaesthetic.

The new stereotactic radiosurgery unit will also allow for treatment of certain cancers in the Lung, Spine and Liver. It will also treat Metastasis, which are cancerous lesions that have spread to other areas of the body from the original primary cancer, which is something that could not be done up to now. The new Stereotactic Radiosurgery unit will also permit treatment of brain tumours which cannot be treated with the current stereotactic radiotherapy treatment unit in St Luke's Hospital, Dublin.

In addition to cancer, Stereotactic Radiosurgery is also shown to be beneficial for the treatment of non-cancerous conditions, including disorders such as arteriovenous malformations (AVM's). These are abnormal connections between veins and arteries that can lead to a brain haemorrhage causing stroke like symptoms, when occurring in the brain. Previously patients had to go to the UK to have their stereotactic radiosurgery treatment.

Patient care and treatment will be greatly enhanced by this new stereotactic radiosurgery unit, which commenced treatment in July 2013. The Friends of St Luke's and their donors are to be congratulated for providing the funds for this, otherwise it would not have been feasible to acquire it. The generosity of the Friends is very much appreciated.



Patients Services at St Luke's 2013

St Luke's staff continue to deliver a patient centred holistic service across the St Luke's Radiation Oncology Network.

The Friends support complementary therapy as well as diversional therapy in the form of art therapy and a number of other forms of supportive care. The significance of this support in ensuring patient recovery and wellbeing is well recognized. It is evident that the delivery of healthcare in the current economic environment is challenging. The support of the Friends of St Luke's allows continuity of these supportive therapies as well as new initiatives to be supported and developed in the best interest of implementing and providing leading edge technology and supportive care and treatment to our patients.

Internationally, it is an accepted fact that high quality radiotherapy takes place in a strong research and development environment. The significant contribution of The Friends of St Luke's towards the funding of research and development inclusive of radiation oncology clinical trials is an essential requirement to keep research active at St Luke's. The research and development work is all aimed at improved care and outcome for patients. It ensures continued improvement in standards of care and clinical critical development and evaluation of new treatment approaches and aids the development of protocols of care, thus ensuring continued best practice. This service supports clinical improvements and development at St Luke's Hospital as well as St Luke's Centres at St James's and Beaumont Hospitals.

I would like to acknowledge and thank The Friends of St Luke's and all the benefactors for their generosity in giving of



their time, resources and financial support, which benefit all patients attending St Luke's services. I equally acknowledge the funding provided towards research-based treatment, which contributes to the quality and high standards of care given by the multidisciplinary team to the patients at St Luke's Hospital and the entire St Luke's Radiation Oncology Dublin Network.

Eileen Maher

Director of Nursing

4th November 2013.



4 Friends of St Luke's 2013 Newsletter

24km Walk for Life



Dara O'Coisdealbha
Dublin City Marathon



Mick Crean & Pat Delahanty,
To Hell & Back



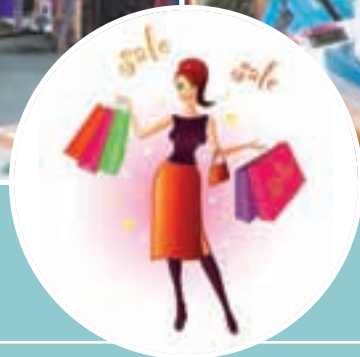
Bluebell Garden

St Luke's Hospital Bluebell Garden Open Day was held on Sunday, 19th May, in brilliant sunshine. The garden was looking good despite the dry Spring and all who attended enjoyed tea on the lawn while listening to music from the Rathmines Folk Group and Opus 4.

Sincere thanks to our wonderful entertainers, to Superquinn Rathgar for donating biscuit cake

and buns and to all our friends who attended and donated to our Bluebell Garden.

To support our Bluebell Garden log on to www.bluebellgarden.ie, plant a bluebell and leave a message on our virtual garden. To purchase a bluebell card to send to a loved one, call 01 4065314 or email info@friendsofstlukes.ie.



DESIGNER

NEW & NEARLY NEW SALE

The 4th Annual Designer Sale was held in Oakland Lodge, in the grounds of St Luke's Hospital, on February 8th and 9th 2013. Bargains galore were available at this exciting event, which raised a staggering €10,700. Sincere thanks to the hardworking committee, to all who donated clothes, shoes, bags and accessories and to the great number of ladies who came out to support the day.

DIARY DATE:

Designer Sale 2014
Friday 14th February, 3pm to 7pm
& Saturday 15th February,
11am to 4pm

For further information please contact:
Deirdre, Tel: 01 4065036 or 087 2319728,
email: deirdre@friendsofstlukes.ie



New Ross to Aviva Cycle



Marina's Beauty Salon, Rathgar



Nolan's Supermarket Bag pack



Tim Dalton, Cowan's of Clara Benefit Night



Lawlors Butchers Rathmines, Santa fund

The Friends of St Luke's Annual Golf Classic

Playing for the Neil Murphy Perpetual Trophy



On Friday 10th May 2013, our 2pm shotgun start saw a record number of 30 teams teeing off at Castle Golf club, Rathfarnham. We are most grateful to the players, tee box sponsors, Edward Dillon & Co for sponsoring the wine, all those who made cash or raffle prize donations,

The Captains, members and staff of Castle Golf Club and all who made this day so successful. Over €21,000 was raised for the St Luke's Network.

The Neil Murphy Trophy was won by the Smith & Williamson Team – Sean McGuire, Jackie McGuinness, Neil

Heffernan and Shay Smith with a score of 90 points. Well done lads – we hope to see you back in 2014, to defend your title.

Diary date - Friday 16th May 2014 – email: deirdre@friendsofstlukes.ie for further information

Midland Motorcycle Club Annual Fun Run

The 2013 Midland Motorcycle Fun Run started on Friday 28th June with one big ambition to **"Make a million for Loretto"**

This event, organised by Loretto Farrell and her hardworking committee, has been running since 2000 and when the 2012 event was over, the total raised was €918k. Since the run began, Loretta's ambition was always to "make a million

for St Luke's". Now battling ill health this wonderful lady is sticking to her pledge and her committee are right behind her.

Over 500 bikers completed the run on that weekend in June and through sponsorship, donations and collections over the weekend, the figure was moving towards the target.

The Joe Dolan Bridge on festival

weekend saw the bikers out again to increase the figure and at the time of going to press total raised is €990,000.

Other events are scheduled between now and the year end and no doubt that target of €1million will be reached.

A VERY BIG THANK YOU TO LORETTO, HER COMMITTEE, SUPPORTERS AND ALL INVOLVED.



2013 Flora Women's Mini Marathon



See over for more MM photos

On Monday 3rd June over 500 ladies donned the pink tee shirt supporting St Luke's and ran/walked the Flora Women's Mini Marathon. Sincere thanks to all the ladies who took part and those who sponsored them.

Special thanks to Jury's Inn for the very generous sponsorship

**JURYS
INN**





The Friends of St Luke's Annual Ladies Lunch



TO ALL THE LADIES WHO SUPPORT THE LUNCH, YEAR IN YEAR OUT, WE SAY A

On Wednesday 28th November 2012, over 180 ladies enjoyed a great day at the 12th Annual Ladies Lunch in the Westbury Hotel and raised over €10,000 for cancer care at St Luke's.

Sincere thanks to Special Guest, Comedienne Anne Gildea, whose

hilarious description of a serious topic had everyone rocking with laughter – a truly talented lady.

Thanks also to Maria from The Butler's Pantry for the wonderful Christmas goodies.

The 2013 lunch will take place on

27th November and Anne has promised to return, as our Special Guest, so ladies expect lots more laughter!!

Deirdre Hughes
Appeals Director



"VERY SPECIAL THANK YOU – WITHOUT YOU THIS DAY WOULD NEVER HAPPEN"



Bohemians Musical Club



Edwin Doherty



Pat & Lily McKane, 60th Wedding Anniversary



Colm Gallen Villa Rose Hotel



Cassie Cullen, Donegal



Rose Lawlor, Terry & Simon Hopkins, Hamper Donations



Castleblaney Fire Station



Maggie Igoe & Teresa Kelly
Mem fund,
Bonniconlon

Brazil 2013



October 2013 saw The Friends of St Luke's walkers spend 10 challenging days walking in Brazil. Arriving in Sao Paulo, the biggest city in South America, walks began immediately. Embu was the first port of call and then on to Santos, the home city of Pele, for a beach walk.

After 6 days in Sao Paulo, the group were then bound for Rio de Janeiro, walking on Copacabana

beach and around the imperial city of Petropolis. The final walk finished at one of the new "seven wonders of the world" Christ the Redeemer statue on Corcovado mountain overlooking all of Rio. A very exciting end to an amazing trip.

A big THANK YOU to all the walkers and those who supported them in their fundraising efforts.

DESTINATION 2014 - SRI LANKA

Please join me on what promises to be another exciting trip.

Geraldine Stafford
Walks Co-Ordinator
01 4065036 / 087 2664114
geraldine@friendsofstlukes.ie



The Friends of St Luke's Ladies Golf Society Classic

Sincere thanks to The Friends of St Luke's Ladies Golf Society for another successful classic held in Newlands Golf Club on Friday 7th June, 2013.

This fantastic group of ladies raised €13k on the day and raised over €270 for St Luke's since the Society began in 1998.

Other golf events held in aid of St Luke's.



Bryan Shepherd,
Golf classic
Newlands G C



Friends of Mick Cullen, Naas Golf Club



Elm Green ladies



Javelins for Dara, Woodbrook G C



Winners of Mick Cullen Classic

BREFFNI CHALLENGE FOR CANCER 2013

The 2013 Breffni Challenge from Cavan and Ballinagh to Arva was another great success. Over 500 walkers, joggers, runners and cyclists completed the challenge

and finished the day with the usual session in the square in Arva.

Sincere thanks to the fundraising committee, sponsors, St Patricks

GAA and the wonderful community of Arva and surrounding areas.

For information on the 2014 challenge check out www.breffnichallenge.com.



Judge Family Nationwide Collections

Well done to the Judge Family for raising €32,000 in 2012 and sincere thanks to all who supported the Collections.





Andrew, Geraldine, Cian and Hannah



Kevin Maguire



PJ & Kathleen McGarry



Councillor Francis Browne & Friends



Jim O'Shaughnessy Beard for a year



Fr Jim McCormack Hacketstown parish



Art Altruism 5 and benefit night, St Enda's GAA Club



River to Sea Project, The Merry Ploughboy



Patty Murphy 70th Birthday



Nom - Con



Seamus & Phyllis Purcell, Piltown GAA Club



Hannah O'Byrne Vintage run



High School Rathgar



Walk For Jacqui



Tim & Maria Finnegan, Culdaff, Donegal



John & Jean Wilson, Buncrana



Levina Loftus Kavanagh & Sharon Joyce WMM 2013



Foigha walkers

Bawnboy, Co Cavan, Festival 2013



Rathkenny Charity Walkers, Co Meath



Pat Nolan Vintage Run and Parish Collections, Newtown and Bagenalstown, Co Carlow.





Annual Paddy Cole concert

On 15th October, 2013, The Waterford Male Voice Choir joined Paddy and his band for another great concert in the National Concert Hall. Sincere thanks to Paddy for his continued support over the last 13 years, to the fantastic choir and to the surprise guests, Paul Sweeney and Eamonn Monaghan, formerly of the Capitol showband.

Thursday 16th October 2014 is the date for the next Paddy Cole Concert. For tickets contact the National Concert Hall box office 01 4170000 or book on line at www.nch.ie.



Gordon Bennett Vintage run Ardattin



Morton's Supermarket Bag pack



John McLoughlin
Carndonagh, Co Donegal



Dunville Traders Santa Appeal



Joan Murphy New Year's eve
Black & White night



Paul Garland



George O'Toole Operation Transformation



Nancy, Mary and Friends MM



Ita Herrity & ESCCU Dawson St



Ron Paul Retirement Party



Team Orwell



Mary O'Neill, 60th Birthday, Newbridge



Sponsored shave Tullyvin, Cavan



Rose Healy Ceili



Frizzante, Rathgar

Ferns Friends of St Luke's 100k Charity Sportive 2013



On Sunday, 21st July, over 300 cyclists took part in the 3rd Annual Cycle from Ferns via Mount Leinster, Bunclody & Tullow and finishing back in Ferns for a BBQ. This year's

successful event raised €10,500 for Cancer care at St Luke's. Sincere thanks to Ger Lacey, his family, friends and all who took part.



Colette Dunne Tea & coffee Day



Bryan Shepherd, Fran & Evelyn, Music Quiz, Coman's Rathgar. €1,120



Ardattin Fundraisers



*Teresa & Christy
Reeves Coffee Morning*



*Alannah, Emma and pupils St Brigid's NS,
Grange, Carlow*



Patrick O'Brien half marathon



Collection Christ the King Church Cabra



Hammond Family & Friends



Carroll family and Friends, Mooncoin



Afternoon Tea Dance Tuam



Fiona Hanby's Comedy supper evening



Ardattin Community Celebration Night



Myles and Rose Cannon

Celebrity Apprentice Daniella Moyles worked hard for St Luke's.

Sincere thanks to TV Presenter and Model Daniella Moyles for choosing St Luke's as her charity when she appeared on Celebrity Apprentice.

She was in the final four and managed to raise a fantastic €15,000 for St Luke's.

When the show was over, Daniella and her Mam Pauline travelled to Rathgar for the cheque presentation. Pauline was treated in St Luke's Hospital and Daniella is most grateful to all the staff for looking after her Mam so well.

Daniella is now an ambassador for the Friends of St Luke's.



Superquinn, Rathgar, Charity of the year.



The staff at Superquinn choose St Luke's as their charity of the year and so far have raised €6,000. Sincere thanks to all involved, to Stephen, the friendly butcher, who ran the Dublin

city marathon, the Baker who made the biscuit cake, Amanda, Carly, Emma and Aoife who ran the Women's Mini Marathon and to Catherine and all the staff who helped in the fundraising.

YOU CAN HELP THE FRIENDS CONTINUE TO SUPPORT THE ST LUKE'S RADIATION ONCOLOGY NETWORK BY

Donations and Monthly Giving

- ✎ You can donate by calling into The Friends Office at St Luke's Hospital, Rathgar.
- ✎ By post or online through our website www.friendsofstlukes.ie
- ✎ Or by setting up a monthly standing order through your bank

Organising a Fundraising Event

- ✎ Why not organise or take part in a fundraising event in aid of The Friends. Events can be anything from a Benefit night in your local pub/club, Mini Marathon, a Coffee Morning in your house, a Table Quiz or Darts match to a Sponsored Walk, Swim or Slim.

Legacies, Shares, Stocks or Properties

- ✎ Many people see their will as an opportunity to make a special and memorable gesture. Naturally, your first concerns will be to ensure that your family and loved ones are properly provided for. No legacy made to The Friends of St Luke's is too small and can help us continue to support St Luke's Radiation Oncology Network.

Donate for a Special Occasion

- ✎ Instead of receiving unwanted gifts for your Birthday, Wedding or Anniversary, why not ask your friends and family to donate to The Friends instead?

St Luke's Bluebell Garden

- ✎ You can help us create our Bluebell Garden at St Luke's Hospital, Rathgar by purchasing a BLUEBELL for €5 through our website. Each Bluebell can be dedicated to your loved one or as a thank you to staff at St Luke's, who looked after you or your loved one through their cancer journey.

www.friendsofstlukes.ie

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